



SCOTTSDALE HYPNOSIS



Arizona Stop Smoking Program

Arizona Stop Smoking is an effective Smoking Cessation Program for Smokers of Cigarettes, E-cigarettes, Weed, Cigars & Chew

3 Plans to Choose from

The 2 - 2 hour Sessions with Online Support

The 4 Hour Program has 2 personal sessions (office or zoom). The first to start your program, the second on your Quit Date.

You also receive 10 (11 for vapors) shorter sessions you do at home to prepare you for a Smoke-free Mind.

In addition all clients receive mp3 files of their personal office sessions to reinforce your sessions. Each client gets 12 - 13 audio sessions total!

Save \$200. Total \$795

The 4 Hour Program

The 2 - 2 hour Sessions with Online Support

The 4 Hour Program has 2 personal sessions (office or zoom). The first to start your program, the second on your Quit Date.

In addition all clients receive mp3 files of their personal office sessions to reinforce your sessions.

Total \$695

The Smoking Cessation Online Program

The an Online Program has 10-11 personal sessions to support a smoke-free lifestyle and/or prepare you for your office Quit Date. All clients can access audio for the next six months from their favorite device.

Save \$251. 50% off Total \$249